



RICHMOND
COUNTRY CLUB 1958

RICHMOND COUNTRY CLUB

2024 FALL
TENNIS
PROGRAM

September 9th - December 20th, 2024

World-class lessons designed to help each junior reach their full potential

LIMITED NON-MEMBER OFFERING - HIGH PERFORMANCE TENNIS PROGRAM FALL 2024

New Program Details

New this year, an exclusive Fall Tennis Program tailored to meet the specific needs and demands of our members. This niche program allows for a maximum of 35 Non-Members who wish to join our highly recognized Junior Tennis Program. Admission into the program is application-based and candidates will be carefully evaluated based on their performance history, results, rankings, and previous involvement with Richmond Country Club. To be accepted, applicants must meet and consistently satisfy the criteria outlined below, which will be reassessed on an annual basis. Join us to experience the pinnacle of tennis excellence.

Criteria of New Non-Member Elite Program

Please complete the Non Member Elite Application ASAP.

[CLICK HERE](#)

Criteria of New Non-Member Elite Program

- Richmond Country Club must be named as your home club.
- The NME must participate in at least two groups per week.
- Private Lessons will only be offered if space/time is available.
- NME will only have access to tennis programming (will NOT have access to the Fitness Centre, booking privileges, swimming pool, and other amenities).
- Must adhere to all of the NM fees associated of the program.

New Junior Group Expectations

Due to the implementation of new programming and limitations, below are expectations for parents to understand going into this new school calendar year. Please ensure you read thoroughly.

- **Group Expectations:** We wish to clarify some important points regarding our groups. While it's true that everyone has participated in a specific class/level, it's crucial to note that moving up to the next level is not automatic. Our groups change each year, and our primary focus is grouping based on age and level. We'll also consider our criteria, which we'll explain in detail later in this document, to make the final decisions within each group class. Please understand that we cannot accommodate individual school schedules. Although you're welcome to register for a specific class, there is a possibility of rejection based on the aforementioned explanation.
- **Group Changes:** We are planning some changes this fall. If certain groups do not meet minimum requirements, we may make adjustments to accommodate classes with higher waitlists. We will notify you in advance about these changes. Our goal is to maximize the effectiveness of our program.

FALL JUNIOR TENNIS PROGRAM

We are pleased to unveil our 2024 Fall Junior Tennis Program. Our main goal is to provide world class tennis programming to allow each junior to reach their full potential.

Please review the important information below regarding our Fall Junior Tennis Program





2024 Fall Schedule

RCC will be running a 15 week Fall Program Schedule September 9th - December 20, 2024.

Registration

Registration for all member and non-member elites will begin on Monday June 17th, 2024 @ 9:00am.

Invoicing Process

In order to secure your days payment must be made immediately. An invoice will be sent and must be paid immediately. Members will be charged to their member accounts.

Registration Dates

Monday June 17th, 2024 @ 9:00am

Payment

Once you confirm your spot in the program, an invoice will be sent to you. To confirm your spot, nonmember payments by e-transfer must be made to hchoi@richmondcc.ca. All RCC Members will be charged directly to their accounts. Credit card payments are available over the phone but are subject to a 3% fee. Etransfers are highly recommended instead of debit payments to decrease the amount of traffic flow within the club and to keep everyone safe.

New Refund Policies

Cancellations: Richmond Country Club reserves the right to cancel any class that does not meet the minimum registration requirement 24 hours prior to the start of the class. Cancellation of a private lesson made by the participant with less than 24-hours' notice or a group within two weeks of the start date will result in a charge equal to the full invoiced amount. If our facility is forced to cancel classes due to unforeseen circumstances participants will be refunded or given credits for future lessons.

Refunds: will not be issued for participant schedule changes, conflicts, or common illnesses (such as vacations, school activities, work schedules, school tennis, colds, sore throats, or other non-medical emergency reasons). **Refunds are no longer available for tournament days, but you may request someone to take your spot and receive the cost from them. Approval must be obtained from the Director of Racquets and Athletics beforehand. Refunds will only be considered for extended illnesses or major injuries lasting over a week, subject to the discretion of the Director of Racquets and Athletics.** To request a refund, you must submit a written request along with a letter from a physician or medical authority. Makeup days will only be accommodated if there is space available and cannot be carried over to future terms.

Change Fee: A \$75 Administration Fee will be charged for changes made after invoicing.

PROGRESSIVE

Red Ball Program (4-5yrs) (6:1 Coach to Student Ratio)

Days & Times: Wednesday (max. 6) 3:15-4:00pm | Sunday (max. 16) 11:00-12:00pm

Cost: 1 hr class - Member \$32/class | Non-member \$40/class

The Red Ball Program is a unique initiative designed specifically for young players aged 4-5. The primary objective of this program is to introduce the basic developmental skills necessary for tennis, such as coordination, physical movement, and racquet skills. The program is meticulously structured to ensure that these foundational skills are developed effectively, setting the stage for future success. The main goal of the Red Ball Program is not just about teaching tennis, but also about creating a fun and engaging atmosphere. This approach is aimed at sparking an interest in the sport among young participants. By making the learning process enjoyable, the program seeks to plant a seed of passion for tennis that could potentially grow into a lifelong love for the sport.

Orange Ball Regular Program / Orange Ball Advanced (6-9yrs) (6:1 Coach to Student Ratio)

Days & Times: Regular - Wednesday (max. 6) 4:30-6:00pm | Sunday (max. 12) 12:00-1:30pm

Advanced - Wednesday (max. 6) 4:30-6:00pm | Sunday (max. 6) 1:30-3:00pm

Cost: 1.5 hr class - Member \$48/class | Non Member \$60/class

The Orange Ball Regular Program is a specialized training module designed for young players aged between 6 to 9 years old. The primary objective of this program is to instill and develop the necessary skills required to perform at an adequate level in the sport. To make the learning process more enjoyable and less daunting for the participants, orange felt compression balls are used. These balls are easier to hit, facilitating the development of rally skills, thereby making the game more enjoyable for young learners. Additionally, to aid their progression and make the game more manageable, smaller courts are used. These courts have relative dimensions that are more suited to the physical capabilities of young players, thereby helping them gradually adapt to the standard dimensions of the game.

Orange Ball ELITE Program(6-9yrs) (6:1 Coach to Student Ratio)

Days & Times: Wednesday (max. 6) 6:15-7:45am

Saturday (max. 6) 7:30-9:00am

Sunday (max. 6) 9:30-11:00am

Cost: 1.5 hr class - Member \$48/class | Non Member \$60/class

This group is for players aged 7-10 years old who are currently participating in rookie tour events or rising star events in the U9 or U10 categories. Participants in this group will be continuing to work on accelerating their fundamentals through tactical and physical play. A mixture of drills, situational play and point play will be conducted during this group.





PROGRESSIVE (CON'T)

Green Dot Ball Program (8-10 yrs) (4:1 Coach to Student Ratio)

Days & Times: **Regular** - Wednesday (max. 8) 4:30-6:00pm
Sunday (max. 4) 1:30-3:00pm

Advanced - Wednesday (max. 4) 4:30-6:00pm
Sunday (max. 4) 1:30-3:00pm

Cost: 1.5 hr class - Member \$48/class | Non Member \$60/class

The Green Dot Ball is a stepping stone for players transitioning from the Orange ball level. This stage signifies a shift to a full court game, but with a ball that has slightly lower compression. This adjustment is designed to further enhance the players' skills and adaptability. The primary focus at this level is to improve tactics and consistency, while simultaneously fostering skill development. The players within this group are encouraged to continue their development, with a particular emphasis on refining their techniques and strategies. For those showing a keen interest, they would be introduced to, or would already be actively participating in Tennis BC U10 Events. These events provide an excellent platform for these young athletes to showcase their skills, gain competitive experience, and further their growth in the sport of tennis.

Green Dot Ball ELITE Program (4:1 Coach to Student Ratio)

Days & Times: Monday (max. 8) 4:00-6:00pm
Wednesday (max. 12) 6:15-7:45am
Friday (max. 8) 4:00-6:00pm
Saturday (max. 12) 7:30-9:00am

Cost: 1.5 hr Class - Member \$48 | Non-member \$60/class
2 hr Class - Member \$64/class | Non-member \$80/class.

This group is for players aged 7-10 years old who are currently participating in rookie tour events or rising stars event in the U9 or U10 categories. Participants in this group will continue to work on accelerating their fundamentals through tactical and physical play. A mixture of drills, situational play and point play will be conducted during this group.

DEVELOPMENT / COMPETITIVE

Teen Tennis 11+ (4:1 Coach to Student Ratio)

Days & Times: Friday 6-7:30pm (max. 4)
Saturday (max. 4) 3:00-5:00pm
Sunday (max 8) 3:00pm-5:00pm

Cost: 1.5 hr Class - Member \$48 | Non-member \$60/class
2 hr Class - Member \$64/class | Non-member \$80/class.

This group mainly targets teens who are interested in advancing their tennis game in a fun but focused atmosphere. Coaches in this group will be teaching a lot of technical and tactical work so that they can improve each athlete's knowledge of the game and hopefully put them in a position to play the game correctly. If you are looking to possibly play school tennis or just learn the fundamentals of tennis, this group is for you.

PERFORMANCE

The importance of High Performance Group training lies in creating the right atmosphere with the appropriate players of various levels and age groups. This school year, we will thoroughly evaluate all players and ensure that our High Performance Groups are properly established. Placement is always a challenging task, and we strive to make objective decisions based on specific criteria. Our aim is to provide detailed explanations to all parents regarding our final decisions.

The composition of our HP1 and HP2 groups will prioritize players with the highest rankings, taking into account their age and level of commitment. The HP3 group will also consider ranking but will have a more diverse age range.

If necessary, we may need to make adjustments to ensure that the groups are well-suited. However, these changes will only be implemented if required.

High Performance 1 - (Age Range 15+ years of age)

Days & Times: Tuesday (max. 12) 6:30-9:00pm
Wednesday (total max 12) 6:15-7:45am
Wednesday (max. 4 per group) 6:00-7:30pm | 7:30-9:00pm *Invitation only**
Thursday (max. 16) 6:30-9:00pm

Cost: 1.5 hr class - Member \$48 | Non Member \$60
2 hr class - Member \$64 | Non Member \$80
2.5 hr class - Member \$80 | Non Member \$100
(All 2.5 hour classes include 30 minutes of mandatory fitness)

This group is specifically designed for national and top provincial level tennis players who possess the determination and ambition to train, play, and compete at a high level. It is mandatory for all athletes in this group to participate in provincial, national, or international tennis events, thereby ensuring a consistent level of competition and growth. The focus of the group will be on situational play, skill development, and enhancing tennis IQ, with each participant receiving tailored guidance to improve their game. Prior to enrollment, all players must receive approval from both the Director of Racquets and Athletics and the High Performance coach. This is to ensure that the group is composed of the right ages and skill levels, which is our number one priority. We believe that maintaining this balance is crucial for the overall development and progress of each individual within the group.

HP1 Criteria

1. Ranking: ITF, National, Provincial, WTN or UTR rankings.
2. Recent Tournament Results if applicable.
3. Age
4. Tournament Experience: How many tournaments that have played - applicable only for specific categories.
5. Year(s) participated in the Richmond Country Club Junior Program.

**Richmond Country Club has the right to refuse participants that do not fall under these specific criteria. Depending on the makeup of our participants, groups can be altered to help facilitate proper grouping of participants.*





PERFORMANCE (CON'T)

High Performance 2 (Age range 12+ years of age)

Days & Times: Tuesday (max. 16) 4:00-6:30pm
Wednesday (total max 12) 6:15-7:45am
Thursday (max. 16) 4:00-6:30pm

Cost: 1.5 hr class - Member \$48, Non Member \$60
2 hr class - Member \$64, Non Member \$80
2.5 hr class - Member \$80, Non Member \$100
(All 2.5 hour classes include 30 minutes of mandatory fitness)

This group is specifically designed for top provincial and national level players who possess a strong focus and a burning desire for improvement. The players within this group are expected to maintain a consistent tournament schedule, demonstrating their commitment and dedication to the sport. Our group sessions delve into various aspects of the game, including situational play, skill development, and enhancing tennis IQ. These sessions are meticulously crafted to challenge and elevate the players' game to new heights. However, it is important to note that all players wishing to join this group must first receive approval from both the Director of Racquets and Athletics and the High Performance Coach. This ensures that only the most dedicated and promising players are part of this elite group, fostering a competitive and growth-oriented environment.

HP2 Criteria

1. Ranking: ITF, National, Provincial, WTN or UTR rankings.
2. Recent Tournament Results if applicable.
3. Age
4. Tournament Experience: How many tournaments that have played - applicable only for specific categories.
5. Year(s) participated in the Richmond Country Club Junior Program.

**Richmond Country Club has the right to refuse participants that do not fall under these specific criteria. Depending on the makeup of our participants, groups can be altered to help facilitate proper grouping of participants.*

HP Box Ladder Matchplay

Days & Times: Sunday (max. 16) 5:00-6:15 & 6:15 - 7:30pm

Format: 16 players divided into 4 boxes, with 4 players in each box. After three weeks, the top 2 players from each box will move up, while the bottom two players will move down. Each week, players will compete (singles matches) against everyone in their box. The format consists of 8 game proset, with a time limit of 75 minutes. There will be one Ad point and then sudden death at deuce. Scores will be accumulated each week. The games will be split into two time slots: 5pm and 6:15pm, alternating each week. A schedule will be provided as a weekly reminder. The top court winner and the overall points winner will receive a \$100 gift card at the end of the term. Scores will be posted weekly via newsletter. Registration will be first-come, first-serve.

Cost: 75 minute duration - Members \$32 | Non-member \$40

PERFORMANCE (CON'T)

High Performance 3 (Age range 10+ years of age)

Days & Times: Monday (max. 8) 4:00-6:00pm

Friday (max. 4) 4:00-6:00pm

Saturday (max.8) 3:00-5:00pm

Cost: 2 hr class - Member \$64 | Non Member \$80

High Performance 3 is a specialized program designed for young, aspiring tennis players who are eager to elevate their game in a high-intensity training environment. The primary objective of this program is to reinforce and refine the basic fundamentals of each individual player, thereby setting them up for a successful future in the sport of tennis. This program is tailored to cater to participants who are on the brink of entering the competitive phase of tournaments. It also serves to instill a passion for the sport, fostering a desire to train harder and dedicate more hours to mastering their craft. High Performance 3 is more than just a training program; it's a stepping stone towards a promising tennis career, nurturing the potential within each participant and transforming it into performance.

HP3 Criteria

1. Ranking: ITF, National, Provincial, WTN or UTR rankings.
2. Recent Tournament Results if applicable.
3. Age
4. Tournament Experience: How many tournaments that have played - applicable only for specific categories.
5. Year(s) participated in the Richmond Country Club Junior Program.

**Richmond Country Club has the right to refuse participants that do not fall under these specific criteria. Depending on the make up of our participants, groups can be altered to help facilitate proper grouping of participants.*



RCC COACHES



Henry Choi, Director of Racquets & Athletics

Henry attended Indiana State University where he obtained his Bachelor of Science and Master of Arts in Sports Management where he had a full scholarship to play Division One tennis in college for the Indiana Sycamores at Indiana State. He continues to compete and has been in the top 10 in Canadian Men's Open Singles throughout the past 10 years. In June 2019, after winning 5 ITF Championships in 6 months, he reached a career high of #1 in the World, ITF Men's 35 Singles and #7 in Doubles, a first in BC and 2nd in Canadian history. Henry represented Canada at the Young Senior World Team Championships in Florida in 2018 and was a semi-finalist at the World 35 Men's Singles

Championships that year. Henry is a Tennis Canada certified Level 3 Professional. He was the Junior Director at Vancouver Lawn Tennis and Badminton Club from 2006 through 2011. Henry joined the Richmond Country Club after that, where he is now the Director of Racquets and Athletics. During his tenure coaching at both clubs, he spent countless hours with players ranging from top ranked international, national, and provincial levels as well as non-competing club players. He has a lifelong passion for the game of tennis, wants to provide opportunities for other players to achieve their goals and build tennis in BC.



Carl Ho, High Performance Coach

Carl graduated from the University of New Mexico, with a Bachelor of Business Administration, where he was on a full tennis scholarship. As a junior, Carl was ranked #1 in BC from 2006-2008 in both singles and doubles! He is currently ranked in the top 10 for men's singles in BC. Carl has been working with our very best performance juniors and adults at Richmond Country Club. He also enjoys teaching all levels. He has been coaching at RCC since 2013.



Helen Kelesi, Junior Development Coach

Helen Kelesi is a former WTA player and is Canada's 3rd highest ranked female tennis player of all time. Her Career high ranking was #13 in the world in singles and #18 in doubles with partner Monica Seles. Helen has reached the quarterfinals twice at the French Open, finals twice at the Italian Open, was Italian Open doubles champion, Japan Open singles champion, and Canadian National champion 5 times. She has career wins over Chris Evert, Conchita Martinez, Pam Shriver, Arantxa Sanchez-Vicario, and Jana Novotna. Helen was a proud member of the Canadian Summer Olympic Games and Seoul Olympics in 1988, and the Barcelona Olympics in 1992. During her career, she was also a Fed Cup Team member for over 10 years. "Hurricane Helen" was winner of the Canadian Female Press Athlete of the Year for 2 years in a row, Tennis Canada's athlete of the year, and was inducted into BC's Sports Hall of Fame in 2008. Helen was a Tennis Canada National Touring Coach for many of Canada's top ranked players. She was Head Tennis Director at Peoples Courts in Saskatoon, High Performance coach at the ORC, and High Performance Junior Development Director at Elite Tennis Academy for 5 years. Helen is certified as a Coach 3 Level Instructor, Club Pro 2, and a BCRPA Personal Trainer. Helen joined the coaching team at RCC in 2016 to groom our future champions!



Luigi Albarracin, Assistant Tennis Professional

A former top junior in the Philippines, Luigi started playing tennis when he was seven years old. Upon moving to Canada, he represented BC in junior nationals and is also a former top 10 in Men's Open Singles. With 10 years of experience in coaching tennis, Luigi brings his passion for the sport and a wealth of experience and knowledge to RCC.

Joseph Ko, Assistant Tennis Professional

Joseph Ko joined the Richmond Country Club as an Assistant Tennis Pro in 2020. He has had fabulous tennis results, championing in Open and Junior Tournaments in Quebec and Ontario which allowed him to achieve a top 5 ranking in Canada (U16-U18) and a Canadian Open Men's Ranking in the top 35. Joseph worked with the Tennis Montreal Excellence Team for 7 years as a Coach and was selected as a Hitting Coach and Assistant Coach for the Canadian National Team for over 2 years. His certification includes Tennis Canada Instructor and Coach 1, and he can speak French, English, and Korean.

Colin Ross, Assistant Tennis Professional

Coach Collin joins us with a wealth of experience in tennis, wellness and fitness and will specialize in junior development and personal training for both adults and juniors at RCC. He will coach tennis and pickle ball and provide fitness training for athletes of all ages. Collin has a background in Sports Sciences and is a Certified Personal Trainer and Strength and Conditioning Specialist. He has a love for tennis and pickle ball and has actively competed in these sports, eventually acting as captain for a winning league team in multiple divisions. Collin's passion is coaching, where he can help others achieve their goals. He is looking forward to using his many years of experience working with recreational and high performance athletes at top Tennis Academies in BC to enable RCC players to reach their potential.



2024 RCC FALL WEEKLY TENNIS



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		6:15-7:45am Green Dot Elite (12 spots) Orange Ball Elite (6 spots) HPI/2 Morning Session (12 spots)			7:30-9:00am Orange Ball Elite (6 spots) Green Dot Elite (12 spots)	9:30-11:00am Orange Ball Elite (6 spots) 11:00-12:00pm Red Ball (16 spots) 12:00-1:30pm Orange Ball Regular (12 spots) 1:30-3:00pm Orange Ball Advanced (6 spots) 1:30-3:00pm Green Ball Regular / Advanced (8 spots)
		3:15-4:00pm Red Ball (8 spots)				
4pm-6pm Green Dot Elite (8 spots) HP3 - Tournament (8 spots)	4pm-6:30pm HP2 - Provincial (16 spots)	4:30pm-6pm Green Dot Regular/Advanced (12 spots) Orange Ball Regular Advanced (12 spots)	4pm-6:30pm HP2 - Provincial (16 spots)	4pm-6pm Green Dot Elite (8 spots) HP3 - Tournament (4 spots)	3pm-5pm Teen (4 spots) HP3 - Tournament (8 spots)	3pm-5pm Teen (8 spots)
	6:30-9:00pm HPI - National (12 Spots)	6:00-7:30pm HPI - National (4 spots) 7:30-9:00pm HPI - National (4 spots)	6:30-9:00pm HPI - National (12 spots)	6-7:30pm Teen (4 spots)		5pm - 6:15 or 6:15 - 7:30pm HP Box Ladder Match Play (16 spots) Prizes for winners



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